

 CLEAN PEPTIDES

Retatrutide Pen 30 mg — Dosing Guide

Pre-filled click pen (30 mg total). Clicks-to-mg schedule, weekly titration in clicks, and how to use the pen.

FOR RESEARCH PURPOSES ONLY — NOT FOR HUMAN USE.

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About This Pen

The Clean Peptides **Retatrutide 30 mg pen** is a pre-filled dosing pen with a click mechanism, delivered ready to use — **no reconstitution or bacteriostatic water is required**. You dial your dose in clicks and inject subcutaneously. Retatrutide is an investigational triple agonist (GLP-1 / GIP / glucagon); for its mechanism, titration rationale, side effects and safety, see the separate **Retatrutide Dosage Guide**.

Investigational compound — not FDA-approved. For research purposes only, not for human use.

Pen Specifications

Feature	Detail
Total content	30 mg Retatrutide
Total clicks	300 clicks
Per click	0.1000 mg ($\approx$ 100 mcg)
Max per administration	60 clicks = 6 mg
Needles included	12
Storage	2–8 °C, dry, protected from light

Click-to-mg Schedule

Key reference points (as published by Clean Peptides for this pen):

Clicks	Dose
1 click	0.10 mg
5 clicks	0.5 mg
10 clicks	1.0 mg
60 clicks	6.0 mg (max/administration)

Extended reference:

Clicks	Dose
5 clicks	0.50 mg
10 clicks	1.00 mg
15 clicks	1.50 mg
20 clicks	2.00 mg
30 clicks	3.00 mg
40 clicks	4.00 mg
50 clicks	5.00 mg
60 clicks	6.00 mg

Formula for this pen: dose (mg) = clicks × 0.1000, or clicks = dose (mg) ÷ 0.1000.

Weekly Titration Expressed in Clicks

Retatrutide is injected **once weekly** and titrated up over ~12 weeks. The standard schedule mapped to this pen:

Weekly target	On this 30 mg pen
2 mg	20 clicks
4 mg	40 clicks
8 mg	80 clicks — exceeds the 60-click limit; split into 2 injections
12 mg	120 clicks — exceeds the 60-click limit; split into 2 injections

This 30 mg pen delivers a maximum of **60 clicks (6 mg) per administration**. Any weekly dose above 6 mg must be split into two injections (e.g. two sites, back to back), or use a higher-strength pen. Do not skip titration — start at 2 mg weekly and step up only as tolerated.

How to Use the Pen

1. **Wash your hands** and attach a fresh needle to the pen; remove the outer and inner caps.
2. **Prime the pen** if it is new: dial 1–2 clicks and press with the tip pointing up until a droplet appears, clearing air from the needle.
3. **Dial your dose** by counting the clicks for your target (see the schedule above). The pen clicks audibly and tactilely for each increment.
4. **Choose and clean a site** — lower abdomen (2–3 in / 5 cm from the navel), upper thigh, or back of the upper arm. Rotate weekly.
5. **Inject** at 45–90° into a pinched skin fold; press the plunger fully and hold ~10 seconds.
6. **Remove and safely discard the needle** in a sharps container after each use — never reuse or recap.
7. **Recap the pen** and return it to the fridge (2–8 °C).

Practical Notes

- **Once weekly, same day each week.** Retatrutide’s half-life is ~6 days.
- **Count clicks carefully** — the pen doses to the nearest click (100 mcg on this pen).
- **Track the pen total:** 300 clicks = 30 mg. At a 2 mg (step-1) weekly dose that is 20 clicks per week.
- **GI side effects** (nausea, etc.) are dose-dependent and most common during titration — this is exactly why the click system exists: to step up gradually.

- Full dosing rationale, contraindications and monitoring are in the **Retatrutide Dosage Guide**.