

 CLEAN PEPTIDES

## Retatrutide Pen 15 mg — Dosing Guide

Pre-filled click pen (15 mg total). Clicks-to-mg schedule, weekly titration in clicks, and how to use the pen.

### FOR RESEARCH PURPOSES ONLY — NOT FOR HUMAN USE.

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### About This Pen

The Clean Peptides **Retatrutide 15 mg pen** is a pre-filled dosing pen with a click mechanism, delivered ready to use — **no reconstitution or bacteriostatic water is required**. You dial your dose in clicks and inject subcutaneously. Retatrutide is an investigational triple agonist (GLP-1 / GIP / glucagon); for its mechanism, titration rationale, side effects and safety, see the separate **Retatrutide Dosage Guide**.

Investigational compound — not FDA-approved. For research purposes only, not for human use.

### Pen Specifications

| Feature                | Detail                            |
|------------------------|-----------------------------------|
| Total content          | 15 mg Retatrutide                 |
| Total clicks           | 300 clicks                        |
| Per click              | 0.0500 mg ( $\approx$ 50 mcg)     |
| Max per administration | 60 clicks = 3 mg                  |
| Needles included       | 4                                 |
| Storage                | 2–8 °C, dry, protected from light |

### Click-to-mg Schedule

Key reference points (as published by Clean Peptides for this pen):

| Clicks    | Dose                        |
|-----------|-----------------------------|
| 1 click   | 0.05 mg                     |
| 10 clicks | 0.5 mg                      |
| 20 clicks | 1.0 mg                      |
| 60 clicks | 3.0 mg (max/administration) |

Extended reference:

| Clicks    | Dose    |
|-----------|---------|
| 5 clicks  | 0.25 mg |
| 10 clicks | 0.50 mg |
| 15 clicks | 0.75 mg |
| 20 clicks | 1.00 mg |
| 30 clicks | 1.50 mg |
| 40 clicks | 2.00 mg |
| 50 clicks | 2.50 mg |
| 60 clicks | 3.00 mg |

Formula for this pen: dose (mg) = clicks × 0.0500, or clicks = dose (mg) ÷ 0.0500.

## Weekly Titration Expressed in Clicks

Retatrutide is injected **once weekly** and titrated up over ~12 weeks. The standard schedule mapped to this pen:

| Weekly target | On this 15 mg pen                                                       |
|---------------|-------------------------------------------------------------------------|
| 2 mg          | 40 clicks                                                               |
| 4 mg          | 80 clicks — <b>exceeds the 60-click limit; split into 2 injections</b>  |
| 8 mg          | 160 clicks — <b>exceeds the 60-click limit; split into 2 injections</b> |
| 12 mg         | 240 clicks — <b>exceeds the 60-click limit; split into 2 injections</b> |

This 15 mg pen delivers a maximum of **60 clicks (3 mg) per administration**. Any weekly dose above 3 mg must be split into two injections (e.g. two sites, back to back), or use a higher-strength pen. Do not skip titration — start at 2 mg weekly and step up only as tolerated.

## How to Use the Pen

1. **Wash your hands** and attach a fresh needle to the pen; remove the outer and inner caps.
2. **Prime the pen** if it is new: dial 1–2 clicks and press with the tip pointing up until a droplet appears, clearing air from the needle.
3. **Dial your dose** by counting the clicks for your target (see the schedule above). The pen clicks audibly and tactilely for each increment.
4. **Choose and clean a site** — lower abdomen (2–3 in / 5 cm from the navel), upper thigh, or back of the upper arm. Rotate weekly.
5. **Inject** at 45–90° into a pinched skin fold; press the plunger fully and hold ~10 seconds.
6. **Remove and safely discard the needle** in a sharps container after each use — never reuse or recap.
7. **Recap the pen** and return it to the fridge (2–8 °C).

## Practical Notes

- **Once weekly, same day each week.** Retatrutide’s half-life is ~6 days.
- **Count clicks carefully** — the pen doses to the nearest click (50 mcg on this pen).
- **Track the pen total:** 300 clicks = 15 mg. At a 2 mg (step-1) weekly dose that is 40 clicks per week.
- **GI side effects** (nausea, etc.) are dose-dependent and most common during titration — this is exactly why the click system exists: to step up gradually.

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- Full dosing rationale, contraindications and monitoring are in the **Retatrutide Dosage Guide**.